

## Therapeutic Balance New Client Intake

### Personal Information

Name \_\_\_\_\_ Phone (day) \_\_\_\_\_ (evening) \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_ DOB \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Email \_\_\_\_\_ Primary Physician \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

How did you hear about Therapeutic Balance? \_\_\_\_\_

Are you taking any medications? Yes / No

If yes, please list name and use: \_\_\_\_\_

Are you currently pregnant? Yes / No

If yes, how far along? \_\_\_\_\_ Any high risk factors? \_\_\_\_\_

Do you suffer from chronic pain? Yes / No

If yes, please explain: \_\_\_\_\_

What makes it worse? \_\_\_\_\_

Have you had any orthopedic injuries? Yes / No

If yes, please list: \_\_\_\_\_

Please indicate any of the following that apply to you (please circle):

Cancer      Headaches/Migraines      Arthritis      Diabetes      Stroke

Joint Replacement      High/Low Blood Pressure      Neuropathy

Fibromyalgia      Heart Attack      Kidney Dysfunction      Blood Clots

Numbness      Sprains or Strains

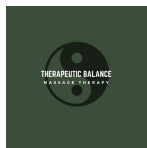
Explain any conditions you have marked above: \_\_\_\_\_

Have you had a professional massage before? Yes / No

What type of massage are you seeking? Relaxation / Therapeutic/Deep Tissue

Other: \_\_\_\_\_

What pressure do you prefer? Light / Medium / Deep



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Do you have any allergies or sensitivities? Yes / No

Please Explain: \_\_\_\_\_

\_\_\_\_\_

Are there any areas (feet, face, abdomen, etc.) you do not want massaged? Yes / No

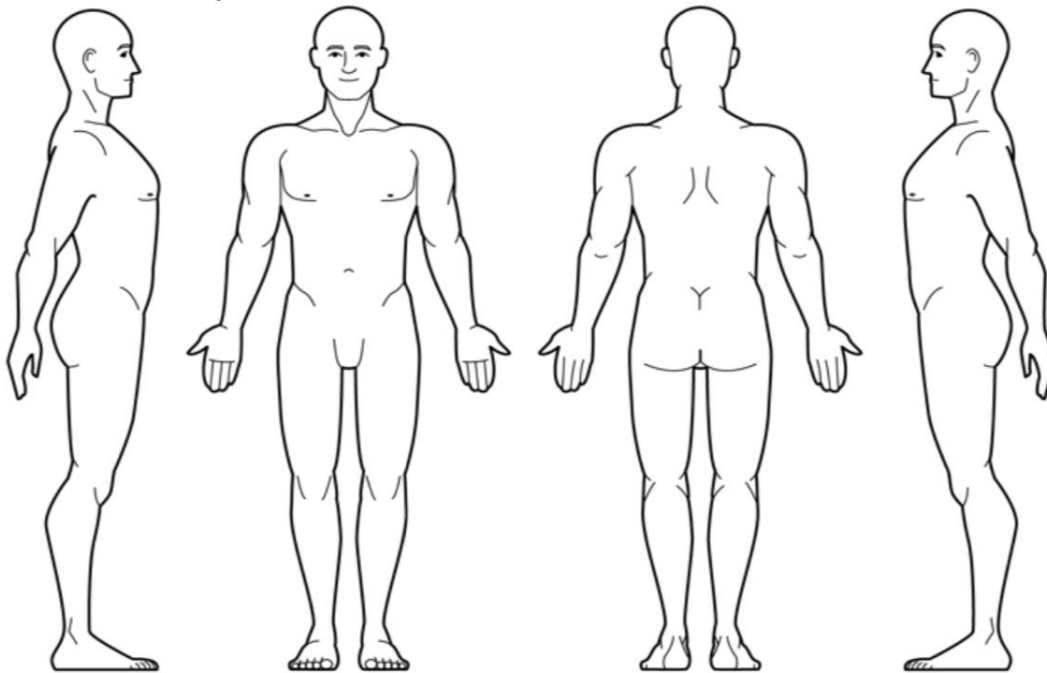
Please Explain: \_\_\_\_\_

\_\_\_\_\_

What are your goals for this treatment session? \_\_\_\_\_

\_\_\_\_\_

Please mark any areas of discomfort below:



By signing below, you agree to the following: I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_